

# PENANG MENU

15.06.2026 *Monday*

## Korean Soy Garlic Chicken

Baked chicken breast cubes in Korean soy garlic sauce with brown rice

Cabbage . Sweet Pea . Mushroom . Carrot . Purple Cabbage . Cherry Tomato . Scallion .

Sesame

459kcal

47g

28g

18g



16.06.2026 *Tuesday*

## Teriyaki Salmon with Brown Rice

Baked salmon with brown rice

Boiled Egg . Lettuce . Broccoli . Mushroom . French Bean . Cherry Tomato . Corn Kernel

Purple Cabbage

443kcal

42g

25g

19g



17.06.2026 *Wednesday*

## Public Holiday: Awal Muharram

18.06.2026 *Thursday*

## Baba Fish

Baked Nyonya Perch fish with brown rice

Lettuce . Broccoli . Okra . Baby Corn . Brinjal . Scallion . Dessicated Coconut

434kcal

47g

27g

17g



19.06.2026 *Friday*

## Piri Piri Chicken with Roasted Potato

Boneless chicken breast in Piri Piri sauce served with herbs potato wedges

Lettuce . Cucumber . Capsicum . Cauliflower . Purple Cabbage . Cherry Tomato . Coriander

446kcal

38g

26g

23g



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HOMEY 健康餐



29, Jalan Perniagaan Vorteks 4, Pusat Perniagaan Vorteks Simpang Ampat, 14100 Pulau Pinang

All pictures shown are for illustration purpose only.

Menu served may vary based on the medical condition and the ingredients availability. If you have a food allergy, please notify us.

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## KL MENU

15.06.2026 Monday

### Misoyaki Don with Chawanmushi

Chicken chop served with onion scrambled egg, chawanmushi (inside contains broccoli, edamame, carrot), brown rice, salad and Misoyaki sauce (drizzle over the chicken).



16.06.2026 Tuesday

### Chipotle Chicken

Chipotle chicken Chop served with brown rice, purple cabbage, cherry tomato, red onion, lettuce, wakame, edamame, seaweed flakes and sesame seeds.

\*\*presented in lunch box



17.06.2026 Wednesday

### Public Holiday: Awal Muharram

18.06.2026 Thursday

### Shrimp Scampi

Shrimp served with spaghetti, zucchini, corn, cherry tomatoes, poached white radish, butter, lemon, salt, dried parsley (no black pepper).

\*market vegetables (broccoli/ cauliflower)



19.06.2026 Friday

### Butterfish with Potato Salad

Salt pepper baked butterfish served with boiled egg, baked potatoes, salads and market veggies (broccoli, cherry tomato, black olive, edamame), and citrus aioli sauce (contains lemon, mayonnaise, garlic).



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